

WOMEN'S HISTORY MONTH

Bingo Challenge

Find a woman that inspires you and send her a note

Read a book written by a female author

Learn about a female athlete who broke barriers

Research a woman that has made a significant impact in history

Listen to a song written by a female artist

Support a woman-owned business

Learn about a woman making a difference in your community

Reflect on a woman who has made a positive impact in your life

Send a handwritten note to a woman you admire

Get together with your friends to celebrate sisterhood

Try a new recipe by a female chef or blogger

Share this challenge with your inner groups

@silviaperezarvelo

Tag us on your social media posts